

|                      |   |
|----------------------|---|
| <b>Name:</b>         |  |
| <b>Enrolment No:</b> |   |

**UPES**  
**End Semester Examination, May 2024**

|  |                           |
|--|---------------------------|
| <b>Course: Pediatric and Geriatric Nutrition</b> | <b>Semester : VI</b>      |
| <b>Program: BSc Food Nutrition and Dietetics</b> | <b>Duration : 3 Hours</b> |
| <b>Course Code: HSND3002P</b>                    | <b>Max. Marks: 100</b>    |

**Instructions: Read carefully**

| S. No.     | Section A<br>(20Qx1.5M= 30 Marks)  | Marks      | COs        |
|------------|--|------------|------------|
| <b>Q1</b>  | Define ovulation process?  | <b>1.5</b> | <b>CO1</b> |
| <b>Q2</b>  | Teenage mothers are more likely to deliver .....   | <b>1.5</b> | <b>CO1</b> |
| <b>Q3</b>  | .....is a very serious condition in which the woman experiences preterm due to hypertension.   | <b>1.5</b> | <b>CO1</b> |
| <b>Q4</b>  | What is SAM and NRC?   | <b>1.5</b> | <b>CO1</b> |
| <b>Q5</b>  | There are following nutrient deficiency in mother can gives preterm birth and Neurological dysfunction in child is..<br>(a.) Iron and folic acid<br>(b.) Vitamin B and vitamin D<br>(c.) Energy and protein<br>(d) Fiber and water | <b>1.5</b> | <b>CO3</b> |
| <b>Q6</b>  | Which one of the following is hormone for milk secretion?<br>(a) Prolactin (b) Dyscalculia, (c) Delirium, (d) FSH  | <b>1.5</b> | <b>CO1</b> |
| <b>Q7</b>  | Define LBW?  | <b>1.5</b> | <b>CO4</b> |
| <b>Q8</b>  | The infant has received only breast milk is called:<br>(a) Formula feeding<br>(b) Mother milk,<br>(c) Exclusive breast feeding,<br>(d) Human milk.   | <b>1.5</b> | <b>CO1</b> |
| <b>Q9</b>  | At what stage the lungs begin to develop in prenatal child.  | <b>1.5</b> | <b>CO2</b> |
| <b>Q10</b> | Write down full form of NHM and ICDS programs of India   | <b>1.5</b> | <b>CO1</b> |
| <b>Q11</b> | Infants have rapid heart rate .....per minute.   | <b>1.5</b> | <b>CO1</b> |
| <b>Q12</b> | The recommended amount of protein for pregnant woman is ..... grams.   | <b>1.5</b> | <b>CO3</b> |

|  |  |            |            |
|--|--|------------|------------|
| <b>Q13</b>                                   | The sucking frequency of infant initiates hormonal changes that leads to milk production. The common hormones for milk secretion are .....   | <b>1.5</b> | <b>CO1</b> |
| <b>Q14</b>                                   | The preterm babies are those who are born before .... week of gestation.   | <b>1.5</b> | <b>CO1</b> |
| <b>Q15</b>                                   | A patient that has lost psychomotor skills, lost the ability to speak and communicate effectively, and is completely dependent upon their caretaker falls into what category of cognitive decline?<br>a. Mild cognitive decline<br>b. Moderate/Severe<br>c. Severe cognitive decline<br>d. Very severe | <b>1.5</b> | <b>CO1</b> |
| <b>Q16</b>                                   | During the first two or three days watery and yellowish fluid that comes from the mammary glands are .....   | <b>1.5</b> | <b>CO1</b> |
| <b>Q17</b>                                   | .....can be most easily seen around the pregnant woman ankles.   | <b>1.5</b> | <b>CO3</b> |
| <b>Q18</b>                                   | Type II diabetes and CVD are common in ..... populations.  | <b>1.5</b> | <b>CO1</b> |
| <b>Q19</b>                                   | Prevention of gender biased is under ..... scheme in India.  | <b>1.5</b> | <b>CO2</b> |
| <b>Q20</b>                                   | What is MMR and NMR in term of child health.   | <b>1.5</b> | <b>CO1</b> |
| <b>Section B</b><br><b>(4Qx5M=20 Marks)</b>  |  |            |            |
| <b>Q1</b>                                    | Discuss the challenges of LBW child.   | <b>5</b>   | <b>CO1</b> |
| <b>Q2</b>                                    | Describe the correlation of hormones in infant breast-feeding system with diagram?   | <b>5</b>   | <b>CO2</b> |
| <b>Q3</b>                                    | Enlist the food that should include in diet to improve the Iron and folic acid requirement in pregnant woman?  | <b>5</b>   | <b>CO2</b> |
| <b>Q4</b>                                    | Explain the clinical complication of geriatric populations?  | <b>5</b>   | <b>CO1</b> |
| <b>Section C</b><br><b>(2Qx15M=30 Marks)</b> |  |            |            |
| <b>Q 1</b>                                   | a) Describe the stages of prenatal development with diagram.<br>b) Illustrate common issues with geriatric populations.  | <b>15</b>  | <b>CO2</b> |
| <b>Q 2</b>                                   | a) Discuss the role and composition of weaning food for children.<br>b) Describe the importance of colostrum in neonate birth and Physiology of milk production.   | <b>15</b>  | <b>CO3</b> |
| <b>Section D</b><br><b>(2Qx10M=20 Marks)</b> |  |            |            |
| <b>Q 1</b>                                   | a) Discuss the SAM and MAM malnutrition complications in children.<br>b) Discuss the weaning and complimentary food?   | <b>10</b>  | <b>CO4</b> |
| <b>Q 2</b>                                   | a) Describe physiological and psychosocial changes with theories in geriatric population.  | <b>10</b>  | <b>CO3</b> |

|  |  |  |  |
|--|--|--|--|
|  | b) What is fluid and electrolyte therapy for children. |  |  |
|--|--|--|--|