

Name:

Enrolment No:



**UNIVERSITY OF PETROLEUM AND ENERGY STUDIES**  
**End Semester Examination, May 2023**

**Course: Counseling Skills for Law Professionals**

**Semester: IV**

**Program: BBA-LLB**

**Course Code: CLNL 2027**

**Time : 03 hrs.**

**Max. Marks: 100**

**Instructions:**

**SECTION A**  
**(5Qx2M=10Marks)**

S. No.	Answer in one word:	Marks	CO
Q 1	Analysis that deals with Interpersonal Relationships is known as _____	2	CO1
Q2	PAC means _____	2	CO1
Q3	Foundation for the modern study of Perception was explained in _____ theory.	2	CO1
Q4	The Stimulus-Response theory is named as _____ given by _____	2	CO1
Q5	Defense Mechanisms were explained by _____ in his _____ theory.	2	CO1

**SECTION B**  
**(4Qx5M= 20 Marks)**

Q 6	Do you have three levels of mind? Discuss & Explain each level with the help of diagrammatic representation.	5	CO2
Q7	Can you be a Therapeutic Counselor? Describe your qualities as the same.	5	CO2
Q8	Self awareness is essential to become a counselor. Explain with the help of Johari Window.	5	CO2
Q9	A relationship between parent adult and child can be described on the basis of a model . Name the same and discuss.	5	CO2

<b>SECTION-C</b> <b>(2Qx10M=20 Marks)</b>			
Q 10	<b>“Stroking &amp; Life positions are important aspects of Psychological analysis.” Explain</b>	<b>10</b>	<b>CO3</b>
Q11	<b>“Defense Mechanisms are invented by the ego to resolve the conflict between ID and Superego.” Explain in context with personality.</b>	<b>10</b>	<b>CO3</b>
<b>SECTION-D</b> <b>(2Qx25M=50 Marks)</b>			
Q12	<p>The client, Gary, called to make his first appointment and said he was persuaded by “a mate” to attend counselling to control his anger. In short Gary was a perpetrator of physical abuse against his intimate female partner, Julie, who is 22 years of age. The couple have no children but his partner has recently expressed a desire to have a child with him.</p> <p>The client is 28 years old and a labourer by occupation. He has only had casual/ contractual employment and has been subject to periods of unemployment, the longest being three months. At the time of beginning counselling Gary was unemployed and renting with his partner in a shared house with another couple.</p> <p><b>Background</b></p> <p>The introductory session revealed that Gary had also been under pressure from his partner’s family to attend counseling or face retaliation. There was also a serious warning from his partner that she would leave him if he did not seek help to change his behaviour and stop his displays of physical abuse in the home.</p> <p>It was obvious that Gary felt intimidated and irate by the ‘threats’ yet he did admit to behaving with “mild physical and verbal abuse” towards his intimate partner. Incidents of this abuse include slapping and pushing her, shouting insults to her face, and delivering embarrassing comments about her in public.</p> <p>Gary’s history revealed that he had previous relationships, without children, that ended as a result of his violent and abusive behaviour. According to Gary no serious harm has been dealt to his current partner; he has not been officially charged by police for assault. He claims that his abusive behaviour is restricted to behind closed doors or only in the home.</p> <p><b>Q1. Give the brief outline of the counseling techniques used in the session.</b></p>	<b>25</b>	<b>CO4</b>

<p>Q 13</p>	<p>Jim had come to counseling to seek help with dealing with the sale of his late mother's estate. He was experiencing a lot of anger with the issue and also with his brother, Frank, who was joint inheritor. Frank was facing bankruptcy and needed the proceeds of the sale of the family home to save his business.</p> <p><b>Background :</b> Jim is 58 years old and inherited the family home five years ago on the death of his mother. It is a substantial property in a desirable waterfront location and the will stated that it would go to Jim as the elder son. However, in the event of Jim's brother needing financial assistance, a clause in the will allowed for the home to be sold and the proceeds split 50/50 between the two brothers.</p> <p>Jim understood that because of Frank's financial problems the property would need to be sold to meet outstanding debts but felt very angry towards him. He said that he felt extremely angry whenever the issue of selling 'Mother's home' arose but did not understand why, as he was a practical and logical person and the brothers had always been very close.</p> <p><b>Q1. Which theory of behavior is applicable in this case. Explain the same.</b></p>	<p>25</p>	<p>CO4</p>
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